

SAMENA

• SWIM & RECREATION CLUB •



# SUMMER DAY CAMPS

2026



Sign up now with  
**only a \$50 deposit**  
per week to hold  
your camper's spot!

**Weekly themed camps for ages 3 to 14!**

**Save on Camps: Samena Members have discounted rates, and the registration fee is waived!**

**Register online at** [samena.com/summer-camps](https://samena.com/summer-camps)

[samena.com](https://samena.com) • (425) 746-1160 • 15231 Lake Hills Blvd, Bellevue, WA 98007

Connecting & enriching our community through wellness, education, & fun since 1958!



# PRESCHOOL CAMP

**Ages 3 - 5**

At our preschool day camp, your child will have the opportunity to make new friends, develop skills, and have fun in a safe and welcoming environment. We look forward to your child at our camp and providing them with an unforgettable summer experience!

Preschool Campers will be immersed in crafts, games, music, stories, imaginative play and fun! We'll get movin' on the playground and take a dip in the wading pool.

Children must be 3 years old by their first week of camp & fully toilet trained. Please pack a nut-free snack for your camper. Children do not need to know how to swim to participate.

9:00am - 12:00pm, Monday – Friday  
1:00pm - 4:00pm, Monday – Thursday

**Need an extra hour of care?** Pack a nut-free lunch and sign up for Lunch Bunch to start early at 12:00pm for the PM session or end late at 1:00pm for the AM session.

**Lunch Bunch:** 12:00pm - 1:00pm

**AM or PM camp only, NO FULL DAY AVAILABLE.**

## Weekly Themes

### June 22-26: Under The Sea

Plunge into an ocean of excitement and exploration during our underwater-themed week! Designed to immerse your child into the magical world of what lies beneath, each day is a new journey into the deep blue, where your camper will do exciting activities, arts and crafts that bring the ocean to life, and have plenty of fishy fun! Your camper will love discovering the creatures that live in the deep. Join us for a whale of a good time!

### June 29-July 3: Beach Buddies

Pack your sunscreen and get ready for an adventure! Our Beach Buddies camp brings the magic of the shore to your preschooler's summer with fun in the sun. Little ones will dig into imaginative play as they explore sandy beaches, discover colorful sea creatures, and embark on tropical island adventures right here at camp. From creating seashell art and building with kinetic sand to making patriotic art to celebrate the USA, every day is filled with coastal crafts and creative play. Join us for sun, smiles, and beach buddy memories!

### July 6-10: A-Camping We Will Go!

This week is full of fun, laughter, and creativity as we dive into a world of exciting camping crafts, playful games, and roasting play marshmallows! Your camper will create colorful, nature-inspired crafts, and sing campfire songs (alongside a toy campfire!). Grab your backpacks, strap on those adventure hats, and lace up your shoes! Together we'll laugh, explore, and create memories. From campfires to poolside fun, let's make this summer one to remember!

### July 13-17: Palette Pals

Get ready to create and explore! Campers will get a chance to discover the joy of art through hands-on activities and creative play, experimenting with painting, drawing, and crafting using a variety of colorful materials. Each day brings new opportunities to make something special, from painted pictures to 3D art. Your artists will explore different mediums like markers, paint, glue, and paper while learning to express their unique vision. Whether they're making a masterpiece or just enjoying the process of creating, your child will build confidence in their artistic abilities!



### July 20-24: Dreamland Adventure

Calling all superheroes and cartoon fans! Our Dreamland Adventure camp brings your child's favorite characters to life through play and activities. Little adventurers will explore magical worlds, go on superhero missions, and create their own amazing crafts inspired by beloved characters from their favorite shows, movies, and books. Each day is filled with character-themed activities and crafts, and chances to be brave, kind, and creative just like the heroes they love most. Join us for a week of action, imagination, and dreamland fun!



### July 27-31: Lego Mania!

Ready, set, build! This week is all about Legos, Legos, and MORE Legos! At our Lego camp your camper will have the chance to build and play with colorful Legos of different sizes and shapes. We will play with Legos, build with Legos, and make Lego art masterpieces. Legos that are huge, Legos that are small... it doesn't matter, we'll use them all! Grab your building hats, bring your imagination, and let's construct a week where every snap and stack leads to happy faces.

### August 3-7: Little Lassos

Welcome to Little Lassos, where country western fun meets preschool play! Campers will explore the exciting world of the wild west through songs, stories, and kinetic activities. Little ones will design their own boots, make western hats, and maybe a sheriff badge, too. They'll discover farm animals, craft with hay, and imagine life on the range. From toe-tapping music to playground exploration, campers will experience the spirit of the west in a playful way. Join us for a week filled with country charm and adventure!

### August 10-14: Rumble in the Jungle!

This will be a week of untamed fun as we embark on an exciting safari adventure! Your child will discover the wonders of the jungle through hands-on activities, themed arts and crafts, storytime, and interactive experiences. Little explorers will learn about the incredible animals and nature that make the jungle so captivating. We'll be crafting animal masks, learning songs, and pretending to swing like monkeys, roar like lions and stomp like elephants. Let the adventure begin, where new friendships are made and imaginations soar.

**Register** for camp by March 31, 2026 to secure your **free Samena Camp Shirt!**



### August 17-21: To Infinity and Beyond!

Blast off into an out-of-this-world adventure through space and our solar system! Little astronauts will make rocket ships, paint planets, and make starry crafts while learning about the moon, stars, and space exploration. Each day includes cosmic games, space stories, and imaginative play as campers pretend to float in zero gravity and travel to distant galaxies. Whether they're building alien friends or decorating astronaut helmets, your child will explore the universe through creativity and fun. Strap in for a week of stellar adventures and cosmic discoveries!

### August 24-28 (AM Camp Only): Ahoy Mateys!

Shiver me timbers, all hands are needed aboard the grand ship Samena! All young pirates and pixies are welcome to join the crew, and there's a treasure chest of fun waiting for everyone. There'll be sparkling pixie dust and gleaming pirate gold, and excitement around every corner with crafting, playing, and swashbuckling fun! Make yer own pirate hats and treasure maps, discover secret islands, and lend an ear to tales o' the sea. No pirate adventure would be complete without walkin' the plank - whether ye be a brave swimmer or a landlubber, our wading pool awaits to cool yer toes. Anchors aweigh!

## Price-per-week

### Samena Member

One Week Mon-Fri (AM): \$185  
One Week Mon-Thurs (PM): \$155  
Lunch Bunch: \$74 weekly, \$16 daily

### Non-Member

Summer registration fee: \$50  
One Week Mon-Fri (AM): \$244  
One Week Mon-Thurs (PM): \$207  
Lunch Bunch: \$89 weekly, \$20 daily

## What to Expect

- Apply sunscreen before camp, bring a refillable water bottle, and wear swimsuit under clothes.
- Pack a nut free snack and, if signed up for Lunch Bunch, also pack a lunch (nut free, of course!).

## Contact

**Rebecca Luke**, Children's Program Director  
email: [preschool@samena.com](mailto:preschool@samena.com)  
phone: (425) 746-1160, ext. 117



# DAY CAMP

## Grades K\* – 5

**\*Campers must have completed Kindergarten.**

Get ready to dive into loads of fun! Every week at Samena, campers will be splashing, swimming, and meeting new buddies. We'll get their hearts racing with daily free swim, energetic indoor and outdoor games, weekly racket sports, and more. Plus, we'll challenge their creativity with crafts and small group games tailored to each week's theme. Let's make this a memorable summer!

Wanting structured swim lessons for your kiddo? Limited spots are available for 5-day swimming lessons, with special discounted pricing just for our day campers. Take the hassle out of one extra stop and let us take them for you!

9:00am - 4:00pm, Monday - Friday

Extended care available in the morning starting at 7:00am or after camp until 6:15pm.

## Weekly Themes

### June 29-July 3: BBQ Games & Summer Fun

Be sure to bring sunscreen! We are out and about this week with some classic summer BBQ games like volleyball, badminton, and corn hole. The only screen time allowed this week is some good ol' fashioned sunscreen time. Whether we are in the pool, on the field, or at the playground, this camp is what a Samena summer is about!

### July 6-10: Campers Got Talent

Does your child love to sing, dance, act, or show off a special skill? This week is the perfect stage for them to shine! Campers will explore and develop their unique talents with guidance, practice, and encouragement. Through music, art, comedy, magic, and athletic feats, every camper gets the chance to discover their talents. Our grand finale is the Friday Talent Show: kids share their skills in front of friends, celebrating creativity, confidence, and fun! We'll mix in swimming and outdoor activities to keep campers moving all week long.

### July 13-17: World Cup Week

While the world comes to Seattle, bring your kids to Samena for a celebration of soccer! Join us the week of the World Cup semi-finals as we dive into the excitement with a camp full of soccer fun. Kids will enjoy a variety of themed mini-games, skill challenges, and friendly competitions designed for all levels. Each day we'll explore different cultures from around the globe, learning traditions and stories that make the World Cup truly special. This is the perfect way to keep the energy high leading up to the big final on the weekend!

### July 20-24: Treasure Island

Ahoy, mateys! One of our most popular summer adventures is back - and this year, it's bigger, better, and more thrilling than ever! Set sail on a pirate-themed journey filled with imagination and swashbuckling fun. Campers will search for hidden treasure, solve clues, and conquer daring challenges across Samena's land and sea (yes, there will be swimming too!). With new surprises, creative crafts, and epic treasure hunts, this week promises adventure at every turn. Grab your eye patch and hoist the sails for the ultimate summer quest for young explorers!

### July 27-31: Samena All-Star Sports

Calling all young athletes! If sports are part of your child's identity, this is the camp they've been waiting for. We'll celebrate the thrill of competition and teamwork with a variety of sports and games, from soccer and basketball to tennis, swimming, and more. Kids will learn new skills, sharpen old ones, and discover the joy of playing together in a supportive and lively environment. Whether they're passionate about one sport or love them all, this week is designed to keep them active, engaged, and inspired.



### August 3-7: Art Explosion

Beat the summer heat and spark your child's creativity! This camp is all about unleashing imagination through hands-on crafts, painting, and creative projects that kids will love. With colorful masterpieces and fun DIY creations, every day brings a new artistic exploration. But don't worry, there's still plenty of active time! Campers will enjoy swimming and outdoor play to stay cool and busy, making this the perfect balance of creativity and activity during the hottest time of the year. Your child's creativity will shine in this week of art, fun, and summer memories at Samena!

### August 10-14: Mad Science

Get ready for mind-blowing experiments and discovery! Campers will team up to tackle an epic engineering challenge: building 8-foot-tall trebuchets to explore the principles of physics, force, and motion. But that's just the beginning...science will come alive this week as we gamify different fields of science with interactive activities and fun competitions that make learning exciting and unforgettable. This is the ultimate camp for curious minds who love to create, experiment, and play. Experience the thrill of science in action at Samena!



### August 17-21: H2O Yeah

Water' we doing this week, you ask? Water week is a double feature this summer with two amazing weeks to dive into! Free swim with fun floaties, super soaker battles, water balloons, water games, and extra free swim take over the week as we send off summer in style. And, of course, water week at Samena wouldn't be complete without some watercoloring. Campers are welcome to wear swimsuits with their clothes all day if they wish! This week will surely be a blast!

### August 24-28: Pool Party Palooza!

Cannonballs, belly flops, sprinklers, water balloons and bucket brigades! This week is our big end of year splash where it's all water games, all the time. Show off the diving board skills you've been perfecting all summer in our friendly cannonball and dive competitions. Prepare for battle in the water balloon fight to end all water balloon fights...at least for this summer. Campers are welcome to wear swimsuits with their clothes all day if they wish. We're all excited for the upcoming school year, but if you're feeling a little too pool for school, summer is not over just yet!

## Price-per-week

### Samena Member

One Week: \$500  
Swim Lesson Add-on: \$90  
AM Care Add-on: \$106  
PM Care Add-on: \$111  
Both AM and PM Add-on: \$196

### Non-Member

Summer registration fee: \$100  
One Week: \$620  
Swim Lesson Add-on: \$145  
AM Care Add-on: \$135  
PM Care Add-on: \$148  
Both AM and PM Add-on: \$270

## What to Expect

- Apply and pack sunscreen, a nut-free lunch and snack, refillable water bottle, swimsuit, and towel. Please send campers with a bag that fits all their items to carry with them.
- Wear closed-toed shoes with laces/straps that are appropriate for outdoor active wear and tennis courts.
- Parents may purchase Club Bucks for their camper (digital gift card on the camper's account) to be used to order an afternoon snack from our concessions menu during camp.
- Please label all personal items with the camper's name.
- Campers are grouped by age, and requests can be made during registration for friends to be grouped together. Requests are not guaranteed, but we always do our best.
- Younger campers are ready for Day Camp when they have attended kindergarten previously and are comfortable in an independent and fast-paced environment.
- Primary account holders- watch your email inbox for our pre-camp email with all the information you need to know for camp!

## Contact

**Ben Petrosky**, School-Age Program Manager  
**Rebecca Luke**, Children's Programs Director  
email: [childrens@samena.com](mailto:childrens@samena.com)  
phone: (425) 746-1160

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# VANAPALOOZA

**Ages 11 - 14**

Ready for adventure? Each week Samena vans will take daily trips where teens and tweens will flex their independence, get to give input on activities & schedules, and have a bit of a say in where we steer these vans. With trips exploring the area, pit stops, and a special treat each week, let's hit the road...Destination: Fun!

9:00am - 4:00pm, Monday - Friday

Extended care available in the morning starting at 7:00am or after camp until 6:15pm (combined with our Day Camp)

## Weekly Themes

### June 29- July 3: The Great PNW

Lace up those hiking boots and pack your snacks—we're going headfirst into the Pacific Northwest wilderness! From beach trips on Bainbridge Island, to conquering mountain peaks, this week is all about getting our nature-loving hearts pumping in the great outdoors! Campers will practice survival skills by building a tent, play classic camp games, and eat s'mores by the fire. Explore trails, splash in crystal-clear waters, and make memories to last a lifetime! Let the adventure begin!

### July 6-10: Van-Go

Ever wondered what the secret sauce of art truly is? Is it the artist's wild imagination? Countless hours spent in a state of creative bliss? Or simply the uncontainable joy of self-expression? Let's explore these questions and more perusing the local art scene. Campers will visit the Museum of Pop Culture, challenge each other in a little competition à la Bob Ross, and create a group art project of campers' choosing. Get ready for a colorful ride of laughter and creativity!

### July 13-17: Go for Gold

Get ready to unleash your inner champion and get out of your comfort zone! From aiming for the bullseye in archery to spiking a volleyball, we'll be battling it out in epic 1:1 showdowns and team smackdowns. We'll have a pool challenge at Samena, a hike at Snoqualmie Falls, a 40' ropes course at High Trek, and field games at the park. Lace up those sneakers and dive into the thrill of competition—let's GO FOR GOLD!

### July 20-24: Cowabunga, Dude!

Get ready for an adrenaline-fueled adventure as you slide down the rocks at Denny Creek, show off your cannonballs from Samena's diving board, and perfect your triple jump at the trampoline park. Whether it's in a river, or at the beach, campers will have plenty of opportunity to test the waters. Just make sure you're ready to holler "Cowabunga, Dude!" with every leap and splash. This week is all about high-energy fun and thrills!

### July 27-31: Mystery Masters

Hold up—did that door just lock behind us?! Get ready to find your inner Sherlock as we crack codes and hunt for clues this week! We're finding our way out of an escape room while thinking outside the box! We'll test our detective skills with mystery-solving and challenge our ingenuity working together on a one-of-a-kind scavenger hunt. It's week full of intrigue, excitement, and brain-teasing fun you won't want to miss!

### August 3-7: Splashmasters

What's summer without a splash of fun to beat the heat? We're diving headfirst into beach bliss at local water wonderlands! But don't get too comfy on your floaties—we're cranking up the fun with an epic water balloon showdown and an escapade to Wild Waves! Get ready for a week packed with splash-tacular adventures that'll make a fish jealous!

### August 10-14: Go with the Flow

Join us on an adventure as we follow the water's path! From tide pools to marshes, rivers to oceans, dive into the world of aquatic critters and discover the watery wonderlands they call home. Campers will explore nearby state parks and deepen their exploration with a visit to the Seattle Aquarium. Sandy toes will definitely be on the agenda this week as we go with the flow!

### August 17-21: Ready, Set, Fun!

Get ready to steady your hand and hold your breath because we're heading into a week full of action! We're kicking it old school with classic field games, dodge ball, and volleyball. Then we'll crank it up with paddle boards and an epic game of laser tag. Campers will test their skills with archery challenges and a friendly game of Nerf wars. It's all about fun, focus, and friendly competition this week!

### August 24-28: H2O Yeah!

Dive into a week of watery wonders! We're throwing a beach BBQ bash and cooling off at the local parks. Get ready for epic water battles, paddle boarding, and floaty fun at the river—this week, campers are guaranteed to satisfy their thirst for fun in the water! We'll wrap this summer up with a thrilling trip to Wild Waves for one last splash!

Register for camp by March 31, 2026 to secure your **free Samena Camp Shirt!**



## Price-per-week

### Samena Member

One Week: \$575  
AM Care Add-on: \$106  
PM Care Add-on: \$111  
Both AM and PM Add-on: \$196

### Non-Member

Summer registration fee: \$100  
One Week: \$675  
AM Care Add-on: \$135  
PM Care Add-on: \$148  
Both AM and PM Add-on: \$270

## What to Expect

- Dress appropriately, apply and pack sunscreen, a nut-free lunch and snack, refillable water bottle, swimsuit, and towel.
- Bring cash for pit stops. (Not required, but recommended)
- Weekly schedule sent Friday before camp with details on specific outings.
- Primary account holders—watch your inbox for our pre-camp email with all the information you need to know!

## Contact

**Rebecca Luke**, Children's Programs Director  
email: rebeccal@samena.com  
phone: (425) 746-1160, ext. 117







# JUNIOR LIFEGUARDS

**Ages 12 – 14**

Empower your future with essential life-saving skills! This week-long program is specially designed for kids who want to develop their leadership skills and learn from our experienced lifeguards. Students will learn first aid, CPR, AED usage, water rescue techniques, and ways to prevent aquatic emergencies. Participants will also gain invaluable experience working in teams, developing a sense of responsibility, and appreciating the importance of physical fitness. Campers will have the opportunity to practice these skills and gain hands-on experience teaching swim lessons. The program includes two off-site excursions—a trip to Gene Coulon Beach Park on Wednesday and a visit to Wild Waves on Friday to wrap up the week at camp.

9:00am - 4:00pm, Monday - Friday

Session 1: July 27 - 31

Session 2: August 3 - 7

## Price-per-week

**Samena Member:** \$570

**Non-Member:** \$725

## What to Expect

- Campers must be able to swim 100 yards of crawl stroke and tread water for 60 seconds in order to participate.
- Bring a swimsuit, towel, & goggles in addition to packing a lunch, snack, & water bottle each day.
- Campers will be put through the American Red Cross Adult and Pediatric First Aid/CPR/AED curriculum during camp. Passing the certification course is not guaranteed.

## Contact

**Mark Feeney**, Aquatics Director  
email: markf@samena.com  
phone: 425-746-1160, ext. 116

# JUNIOR COUNSELORS

**Age 14 & Up\***

Make this the summer of a lifetime while you develop leadership skills and gain valuable experience! JC's will be partnered with a camp counselor, and each week will engage in leadership training, team bonding, fun games and a weekly treat! Plus you'll be able to earn volunteer service credit for your school!

8:30am - 4:00pm, Monday - Friday

Junior Counselors must apply and be accepted into the program prior to registration. Have your camper apply at <https://forms.office.com/r/Vq68ctJc4T>

Samena Junior Counselor (JC) Application (2026)



\*14-year-olds must be going into 9th grade at the end of the summer.

## Pricing

### Samena Member

One Week: \$75

Two Weeks (consecutive recommended): \$120

Join us for the whole summer and get 25% off

### Non-Member

One week: \$92

Two Weeks (consecutive recommended): \$148

Join us for the whole summer and get 25% off

## What to Expect

- Apply and pack sunscreen, nut-free lunch and snacks, refillable water bottle, swimsuit, and a towel.
- Campers may also purchase Club Bucks (digital gift card on the camper's account) to be used to get a snack at our concessions stand.
- Primary account holders- watch your email inbox for our pre-camp email with all the information you need to know for camp!

## Contact

**Rebecca Luke**, Children's Programs Director  
email: rebeccal@samena.com  
phone: (425) 746-1160, ext. 117