

SAMENA

•SWIM & RECREATION CLUB•

FALL 2025 *Programs & Services*

What's new?

Tween Fitness Classes

School Year Programs

Spooktacular Halloween

(425) 746-1160
www.samena.com



Thank you to our Members!

We thank all the members who have stepped up over the last few months, with donations, with their time, and with their words of encouragement. Every day we are reminded why Samena is special and the important work we are doing together to keep this amazing club part of our community!



A Spooktacular Halloween

Saturday, October 25 - Cost: \$15/M; \$20/NM

Haunted Trail, 3-4pm

The evening begins with a Spooktacular favorite! The trail will lead you around Samena's spooky backyard where there will be candy to collect & games to play. We'll end the fun with the annual costume contest!

Spooky Swim, 4:15-5pm

For our independent swimmers, we will enjoy plunging into the pool for a round of pumpkin relay races, diving for skeleton bones, and other spooky activities.

Ghostly Gathering, 4:15-5pm

While the older kids are swimming, preschool aged kids will meet to sing songs, read stories, have snacks, and make their own 'witches' brew'



Fitness Center

General rules:

- Ages 14 & up may use the gym.
- 12 & 13 yrs must have a parent in the gym at the same time for supervision.
- Please no phone calls, headphones required.
- See full rules posting in gym.

Locker Rooms

Please rinse off before entering the pools.

The changing cabanas on the Indoor Pool deck are also available.

Adult Member-only locker rooms available, please ask the Front Desk for the key code.

Playground & Tennis Courts

The playground & tennis courts are available for member use when there is no programming scheduled.

Please be aware that there is no lighting for the Playground or Tennis Courts.

Lap & Open Swim

Please check the Pool Schedule to ensure that the time you come serves your needs.

Open Swim/Family Swim will have a larger pool space available for families.

Lap Swim is open to all ages as long as the swimmer is truly swimming laps.

Adult Only Lap Swim is for ages 16 & up.



Float-In Movies

FREE MEMBER EVENT

Bring your pool floats, grab your kids, friends, & neighbors, and come for a fun night of big-screen fun!

Dates: Saturdays

September 27, October 25

November 29, December 20

Time: Starts at 6:30pm

Adult Poker Night

Saturday, November 15, 6-8:30pm, FREE

Come together for a night of fun, strategy, and camaraderie! BYOB and enjoy a relaxed atmosphere where you can showcase your poker skills, learn new strategies, or simply enjoy the company of fellow members. Whether you're a seasoned poker player or just looking to try something new, this night promises to be a great opportunity to unwind and socialize. Ages 21 & up only, please.

Kids Night Out

Enjoy your evening knowing your kids are having an unforgettable time at Samena! At Kids Night Out children enjoy a night full of swimming, pizza, and a movie—all in a safe, supervised, and welcoming environment. For less than the cost of a babysitter, treat yourself however you see fit while your kids have a blast at Samena! 5-year-olds must be in kindergarten.

Ages: 5 - 12 years

Dates: Saturday, October 18, November 15

Time: 5-8:30pm

Cost: \$55/M; \$65/NM

Kids Day Away

Let your kids experience the magic of winter with a special evening just for them! Children will enjoy a fun-filled Saturday night starting with an exciting trip to the ice rink, followed by a cozy return to Samena for pizza and a movie with friends. While the kids are making winter memories, it's a great time for parents to check off some holiday shopping—or simply enjoy a festive evening out themselves!

Ages: 5 - 12 years

Date: Saturday, December 13

Time: 2:30-8:30pm

Cost: \$95/M; \$105/NM

Holiday Market

Saturday, November 22, 10am-4pm

Don't wait until the last minute to tackle your holiday shopping! Support local artisans and crafters for exceptional and one-of-a-kind goods that are sure to wow your loved ones. With a variety of choices that are perfect for gifting or treating yourself, you're bound to make this holiday season unforgettable!

Free & open to the public!

Vendor information: samena.com/holiday-market



Swim Lessons

Registration Opens:

Members All sessions open

Non-Members

September & October sessions - August 18

November & December session - October 3

Youth Group Lessons

These group swim lessons are available for children ages 2 1/2 - 13 years.

You will request two time preferences at enrollment, and your specific time & instructor will be confirmed the Weds before classes begin.

Twice Per Week Lessons

Monday & Wednesday - 30 minutes

4:00, 4:30, 5:00, 5:30, 6:00, or 6:30pm

October 6 - 29; \$176/M; \$256/NM

November 3 - 19; \$132/M; \$192/NM

December 1 - 17; \$132/M; \$192/NM

Once Per Week Lessons

Tuesday - 45 minutes

4:00, 4:45, 5:30, or 6:15pm

October 7 - 28; \$132/M; \$192/NM

November 4 - 18; \$99/M; \$144/NM

December 2 - 16; \$99/M; \$144/NM

Thursday - 45 minutes

4:00, 4:45, 5:30, or 6:15pm

October 9 - 30; \$132/M; \$192/NM

November 6 - 20; \$99/M; \$144/NM

December 4 - 18; \$99/M; \$144/NM

Saturday - 45 minutes

9:45, 10:30, or 11:15am

October 4 - 25; \$132/M; \$192/NM

November 1 - 22; \$132/M; \$192/NM

December 6 - 20; \$99/M; \$144/NM



Adult Lessons

Recommended for swimmers 14 years & up.

It's never too late to learn to swim, gain confidence or improve your strokes!

Wednesday, 7:00-7:30pm Beginner

October 8 - 29; \$141/M; \$201/NM

November 5 - 19; \$106/M; \$151/NM

December 3 - 17; \$106/M; \$151/NM

Thursday, 7:00-7:45pm Intermediate

October 9 - 30; \$141/M; \$201/NM

November 6 - 20; \$106/M; \$151/NM

December 4 - 18; \$106/M; \$151/NM

Saturday, 9-9:45am Beginner

October 4 - 25; \$141/M; \$201/NM

November 1 - 22; \$141/M; \$201/NM

December 6 - 20; \$106/M; \$151/NM

Parent-Tot Lessons

Introduce kids ages 6 months - 3 years to the water with the parent in the pool!

Saturday, 9:15 - 9:45am

October 4 - 25; \$88/M; \$128/NM

November 1 - 22; \$88/M; \$128/NM

December 6 - 20; \$66/M; \$96/NM

Teens ‘n Training

Our Teen swim lessons program is designed for individuals aged 13-18 who are looking to improve their swimming skills and build endurance! Whether you're working towards joining a Swim Team or wanting to become a confident lap swimmer, this program offers personalized instruction in a supportive and fun environment.

Tuesday, 7:00-7:45pm

October 7 - 28;	\$132/M;	\$192/NM
November 4 - 18;	\$99/M;	\$144/NM
December 2 - 16;	\$99/M;	\$144/NM

Lifeguard Training

This blended learning course combines online study prior to on-site practice where you will demonstrate competency in water skills, first aid, and CPR/AED training. **Online pre-class work required.** Prerequisites: Age 15 last day of class. Swim 150 yards freestyle or breaststroke, stop and tread water for two minutes without arms, swim another 50 yards. Swim 20 yards, surface dive and retrieve 10lb object, swim back with object within 1 minutes 40 seconds

November 8 - 10	9am-5pm	\$300/M; \$350/NM
January 2 - 4	9am-5pm	\$300/M; \$350/NM

Lifeguard Recertification

October 11	9am-7pm	\$130/M; \$175/NM
December 20	9am-7pm	\$130/M; \$175/NM

Private Lessons

More info & booking inquiries at: samena.com/learn-to-swim/private-swim-lessons

Waitlist priority given to Samena members.

45-min lessons

\$80/Private - Members

\$100/Semi-Private - Members

\$120/Private - Non-Members

\$150/Semi-Private - Non-Members

Enroll in one-on-one or two-on-one instruction with one of our swim instructors! Recommended for ages 4 years & up and adults.

Semi-Private Lessons appropriate for two swimmers of the same level.

Whether you are just beginning or a seasoned swimmer, our instructors can help you build endurance and confidence in the water.

Non-Competitive Swim Team

A fun, low-key foundational team for swimmers ages 5 to 18! Swimmers must be able to swim the length of the pool in front crawl, backstroke, breaststroke, and butterfly (equivalent of passing our Level 6). Tryouts required for new swim team participants.

Session 1: September 2 - October 31

Registration: 8/15 M, 8/18 NM

Tryouts: 8/18 - 8/20, 4:30-6pm

Session 2: November 3 - December 19 (No 11/24-11/28)

Registration: 8/15 M, 10/13NM

Tryouts: 10/13 - 10/15, 4:30-6pm

13 & up (Outdoor): M/W/F 5:45-6:45pm or
T/Th 4-5pm and Fri 5:45-6:45pm

11/12 yrs (Outdoor): M/W 4-5pm or T/Th 5:45-6:45 pm

9/10 yrs (Outdoor): M/W or T/Th, 5-5:45pm

8 & under (Indoor): M/W or T/Th, 5-5:45pm

Pricing:

13 & up \$594/M; \$864/NM, Session 1

13 & up \$396/M; \$576/NM, Session 2

All other age groups \$396/M; \$576/NM, Session 1

All other age groups \$264/M; \$384/NM, Session 2



Before & After School Care

Register now for a safe place to send your child before and/or after school for the 2025- 2026 school year!

Samena is a great place for children, ages 5-12. Children can enjoy daily snacks, swimming, homework club, and lots of activities. Our state-licensed program provides quality care in a safe and friendly atmosphere. At Samena, we take pride in offering a program that nurtures children through positive communication and interaction. We offer opportunities to develop new skills and encourage creative problem-solving. Samena staff is professionally trained in childcare, first aid, and CPR and all staff have passed background checks.

Samena currently provides transportation from Bennett, Lake Hills, Phantom Lake, Puesta Del Sol, Sherwood Forest, and Spiritridge. Care follows the Bellevue School District calendar and includes the Wednesday half days. Sibling discounts are available. Choose 2 - 5 days per week with options of mornings only, afternoons only, or both. Breakfast and a PM snack are served using USDA guidelines.

Come, learn, explore, and play!

Days: Monday - Friday

Time: Before Care, 6:30am until school begins

After Care, when school ends until 6:30pm

More info at: samena.com/before-after-school

Contact: Rebecca Luke, ext. 117

childrens@samena.com



Preschool



Where swimming is part of the curriculum!

Age-appropriate activities include: art, reading and writing skills development, number recognition, Spanish, music, science, cooking, storytelling, health and exercise, and more.

More info at: samena.com/preschool

Contact: Rebecca Luke, ext. 117

rebeccal@samena.com

3-5 year olds

9am - 1pm, Mon/Weds/Fri, Mon - Thurs, or Mon - Fri

This program prioritizes playful learning, placing a strong emphasis on the exploration process. Through theme-based projects, students are introduced to reading, writing, Spanish, mathematics, music, movement, science, and storytelling. Playtime is instrumental in facilitating crucial child development, early learning and social-emotional skills. Children will gain confidence and experiences that lay the foundation for a lifetime of successful and joyful learning.

Pre-K 9am-1pm, Mon - Thurs or Mon - Fri

Our Pre-K program is designed for children who have just missed the cutoff for kindergarten, or those wanting to give their children an extra year of development to build a strong foundation before heading off to kindergarten. The curriculum in our bilingual Pre-K program revolves around discovery-based learning, emphasizing social & emotional development & academic readiness for kindergarten. Students acquire a foundational understanding of Spanish as well as advanced concepts in mathematics, reading, phonics, & science while engaging in in-depth projects.

Personal Training

Our training systems are based on a holistic philosophy, keeping your individual goals at the forefront of the program. Samena trainers are nationally certified and have the expertise to help you reach your fitness goals & maintain a healthier lifestyle.

More info at: samena.com/personal-training



Marianne Taylor, ACSM-PT
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Lesley Sweeney, ACSM-PT
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Scott Sandefur, ACSM-PT
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Member Training Pricing

Package Savings & Brief Description	Session Package	No. of Clients	PACKAGE Cost PER PERSON	SESSION Cost PER PERSON	Discount
Personal Training - Hour Sessions					
Individualized for 1on1 attention & specialization. This option will achieve maximum benefits. Ideal for clients currently inactive, post-injury, seeking sports-specific training or a push to the next level.	1	1	\$85	\$85	0%
	4	1	\$323	\$81	5%
	8	1	\$612	\$77	10%
	16	1	\$1,156	\$72	15%
Small Groups - Hour Sessions (cost PER PERSON)					
A social & motivational way to achieve the benefits of having a fitness coach. Each participant is challenged at his or her own ability level. Your team members provide additional encouragement. *Each participant will need their own package	4	2	\$260	\$65	10%
	8	2	\$491	\$61	15%
	16	2	\$925	\$58	20%
	4	3	\$242	\$60	10%
	8	3	\$457	\$57	15%
	16	3	\$860	\$54	20%
	4	4	\$214	\$54	10%
	8	4	\$405	\$51	15%
	16	4	\$762	\$48	20%
Personal Training - 30 Minute Sessions					
Best for experienced fitness clients needing a shorter amount of time to experience training benefits. Brief warm-ups strongly recommended before start of session.	4	1	\$194	\$48	5%
	8	1	\$367	\$46	10%
	16	1	\$694	\$43	15%

Fitness Classes

Group Fitness Classes are included in membership!

Registration opens 2 weeks from the class start date.

Please cancel at least 12 hours prior to the class start time to avoid fees.



Not a Member? You can still join!

Class rate: \$20

Yoga class rate: \$30

General Fitness Punchcard

5 classes: \$95 (\$52 senior 62+)

10 classes: \$180 (\$103 senior 62+)

Yoga Punchcard

5 classes: \$143 (\$82 senior 62+)

10 classes: \$270 (\$163 senior 62+)

Strength & Stability

Tuesdays, 9:15 - 10am

Join us for a dynamic workout using weights, exercise balls, bands, and more. Enhance your strength, coordination, and pelvic core stability with a variety of exercises designed to develop better balance, agility, and body awareness. Add variety to your workout routine to keep things interesting and prevent plateaus in your fitness journey!

Instructor: Marianne

Location: Rec Room

Tabata Thursday

Thursdays, 9:15-10am

Experience a high-intensity workout with Tabata, a new class designed to boost your cardio fitness that will give you a serious burn! We'll be doing a variety of exercises, working hard for 20 seconds and resting for 10 seconds, across 8 rounds. This class encourages support and camaraderie, so you can stay motivated and have fun while working hard. Get ready to feel the intensity while building endurance and resilience as you push through the workout!

Instructor: Marianne

Location: Rec Room

Circuit Surge

Mon, Weds & Fri, 9:15-10am

45 seconds of work. 15 seconds of rest. Total body transformation. This fast-paced interval training class uses gym stations to challenge your strength, endurance, and focus. You'll rotate through exercises using weights, cable machines, and bodyweight movements—all designed to build muscle, boost metabolism, and keep your heart rate up.

Whether you're a seasoned lifter or just starting out, Circuit Surge delivers a powerful workout that's efficient, effective, and never boring.

Instructor: Marianne

Location: Fitness Center



Total Body Tone

Tues & Thurs, 8:15-9am

Build strength, support bone health, and improve balance—at your own pace. Join us for a fun and energizing workout that begins with a light cardio warm-up to get your body moving. Then we shift into strength training using weights, resistance bands, and exercise balls, all designed to support bone density, core strength, mobility, and balance.

Instructor: Marianne

Location: Rec Room

Body Blast

Mon & Weds, 5:45-6:30am

Rooted in universal movement principles, this class fuses functional strength, endurance training, and HIIT intervals designed to make you stronger and healthier. Each session honors how bodies naturally move — with intention, adaptability, and grace. Driven by a high-energy soundtrack that sets the tempo and mood, you'll build power, find your rhythm, and move with purpose. Let's get to it and make an impact that lasts.

Instructor: Jason

Location: Rec Room

TRX

Mon, Weds & Fri, 9:15-10am

Workout with the TRX, using total body resistance! The TRX suspended system is effective for all fitness levels. It delivers an all-body workout that is fun, dynamic, and leverages body weight and gravity. Improve strength, balance, flexibility, and core in a unique way.

Instructor: Sarah

Location: Rec Room

TRX Fusion

Mon & Weds, 6-6:45pm

Balance. Strength. Core Power. This dynamic class fuses TRX suspension training with dumbbell strength work and targeted core movements for a full-body workout that builds functional strength and stability. You'll challenge your muscles in new ways, improve posture, and enhance mobility—all while keeping your heart rate up. Whether you're new to TRX or a seasoned pro, this fusion format keeps things fresh and effective. Get ready to sweat, strengthen, and stabilize!

Instructor: Kristina

Location: Rec Room



Outdoor Group Cycle

Tuesday, 6-6:45am

Saturdays, 7:15-8am

Kickstart your day in the fresh air with an energizing outdoor group cycle! This fantastic cardio workout is perfect for toning your body and boosting your energy levels. Join us for a fun and motivating experience that welcomes all fitness levels - beginners included! You set your own intensity, so you can push yourself or take it at your own pace. Come ready to sweat and enjoy the great outdoors!

Instructor: Marianne

Location: Upstairs Hall Deck

Lunch Time Crunch

Mon & Weds, 12-12:45pm

Take a break and join us for a quick circuit training workout combining strength and cardio, ensuring a comprehensive workout that targets all major muscle groups. This session will help you feel strong and energized for your workday. Perfect for a midday boost!

Instructor: Marianne

Location: Fitness Center

Muscles in Minutes

Mon, Weds & Fri, 6:45-7:30am

Kickstart your day in the fresh air with an energizing outdoor group cycle! This fantastic cardio workout is perfect for toning your body and boosting your energy levels. Join us for a fun and motivating experience that welcomes all fitness levels -beginners included! You set your own intensity, so you can push yourself or take it at your own pace. Come ready to sweat and enjoy the great outdoors!

Instructor: Kristina

Location: Rec Room

Functional Fitness

Tues & Thurs, 6-6:45pm

Saturdays, 8:15-9am

This class focuses on movements that support your everyday activities—whether you're lifting, reaching, or simply walking with ease. You'll learn how to properly engage your muscles, increase mobility, and build strength using a variety of tools including weights, resistance bands, and exercise balls. Saturday sessions begin with PRI (Postural Restoration Institute) breathing techniques to help align your body, improve core stability, and enhance movement quality. This mindful start sets the tone for a workout that supports both body and breath.

Instructor: Marianne

Location: Rec Room, T/Th
Hall, Sat

Dance Fitness

Zumba®

Tues & Thurs, 9-10am

Sat, 9:15-10:15am

Zumba® uses Latin rhythms to turn your workout into a fitness party. The movements and rhythms will be broken down for you and gradually expanded so that you can increase your intensity. You will use moves from salsa, cumbia, reggaeton, merengue and many more all while getting a great cardio workout! All levels welcome.

Instructor: Christine, Tues
Dawn, Thurs/Sat

Location: Hall

Water Exercise

Ageless Water Aerobics

Mon, Weds, & Fri, 7:45-8:30am

Combine a fun social environment with a healthy low-impact workout. Raise your heart rate in shallow water while improving flexibility, reducing joint pressure, building muscle strength, & improving cardio ability. Move at your own pace!

Instructor: Sarah

Location: Indoor Pool

Deep Water Exercise

Tues & Thurs, 7:45-8:30am

Balance. Strength. Core Power. Strengthen and condition using water workout tools! Resistance and range of motion exercises target your legs, arms, core and more with stretching, cardio, and strength training.

Instructor: Sarah

Location: Indoor Pool

FAB - Fitness with a Beat

Mon & Fri, 9-10am

FAB is a lively cardio workout set to music. With simple choreographed moves and an energetic playlist, you will have the opportunity to elevate your heart rate and work major muscle groups in a fun environment. Each workout will also include exercises to improve balance and your core muscles including standing abdominal exercises. Workouts can be modified for participants' needs. All are welcome; fun for the whole family! Under 13 must be accompanied by an adult.

Instructor: Christine

Location: Hall



Masters Swimming Workout

Mon - Fri, 5:45-6:45am

These coached swimming workouts provide a warmup, varied sets, & a cool down. Improve your endurance, strength, & overall conditioning. Adjusted for intermediate to advanced.

Instructor: Lindsey, M/W/F
Dan, Tues/Thurs

Location: Outdoor Pool

Youth Fitness

Teen Fitness Fundamentals

Wednesdays, 3-3:45pm

Ages 11 - 13

This class is designed to teach middle school students the basics of proper weightlifting and the safe use of gym equipment. Our focus is on fundamental movements and core strength, using dumbbells, machines, exercise balls and more. We prioritize safety and technique, ensuring that students build a strong foundation in fitness without the use of bench press, squat racks, or weighted bars.

*Members are recommended to have a free fitness consultation BEFORE joining.

Instructor: Marianne

Location: Fitness Center

NEW

Tween Gym Time

Saturdays, 1-3pm

Sept 27, Oct 18, Nov 15, Dec 13

Ages 11 - 14

Young athletes who would still need parental supervision to visit the gym can join our Personal Trainers once-a-month on Saturdays for open gym time! Learn how to use the equipment, get some pointers,

Instructor: Trainers

Location: Fitness Center

Yoga Classes

Hatha Yoga

Wednesdays, 10:15-11:30am

Yoga enhances both your mental and physical quality of life and increases stamina, strength, and flexibility. Classes include poses, breathing practices, flow of poses, and brief meditation.

Hatha practices are designed to align and calm your body, mind, and spirit.

Instructor: Perlas

Location: Hall

Flow & Restore Yoga

Mondays, 6:45-8:00pm

This yoga class blends the best of both worlds—gentle, breath-focused flow to warm the body, build strength, and increase mobility, followed by soothing restorative poses designed to release tension and support nervous system regulation. Perfect for all levels, this class creates space to breathe deeply, move with ease, and leave feeling grounded, refreshed, and ready for the rest of your week.

Instructor: Damithia

Location: Hall



Mindful Flow Yoga

Sundays, 8:15-9:30am

Mindful Flow Yoga is a style of hatha yoga that focuses on a practice of postures aligned to individual needs, with a compassionate approach that emphasizes moving at your own pace, self-acceptance, physical healing, adaptability, and the flow of energy that creates a mindful awareness of the breath and thoughts.

Instructor: Perlas

Location: Hall

Mid-Week Reset Yoga

Wednesdays, 6:45-8:00pm

Unwind and recharge in this midweek restorative yoga class designed to release stress, calm the mind, and restore energy. Through gentle stretches, supported poses, and mindful breathing, you'll invite deep relaxation and reset your body and mind. Designed for all levels, it offers a welcoming space to slow down, reconnect with yourself, and find balance. Leave feeling grounded, refreshed, and ready to move through the rest of your week with more ease and clarity.

Instructor: Damithia

Location: Hall

Massage



Eva Hui, LMT

Eva has over 15 years of experience in spa and medical facilities. She calls her sessions “Relaxation & Therapeutic Flow Art,” and loves to address specific areas with a detailed massage.

Eva uses multiple innovative forms and traditional techniques from light to deep tissue, feeling like waves moving for your body to achieve relaxation and provide pain relief. A good massage will make you feel balanced and bring harmony to your mind, body, and spirit. Take time for yourself, give her a try!

Questions?

Contact Eva at (425) 998-7824
relaxationbyeva@gmail.com

Pricing for 1 Hour Massage

\$85 / Members

\$100 / Non-Members

3 pack - 1 Hour Massage

\$242 / Members

\$285 / Non-Members

6 pack - 1 Hour Massage

\$459 / Members

\$540 / Non-Members

Coming soon.... Summer Camps!

Join Samena's Summer Camps for the summer of a lifetime! Our camps keep your kids, 3-16 years, active and engaged all summer long... swim, learn, and play at the best camp in Bellevue!

Registration opens mid-January - get ready to register your camper for a summer of fun!

Ages 3 - 5

Preschool Campers will be immersed in crafts, games, music, stories, fun learning opportunities, and more! We'll play on the playground and take a dip in the wading pool.

Ages 5 - 12

Day Camp: Lots of water fun will fill our weeks! Have a blast playing, swimming and making new friends. Each week includes daily open swim and lots of indoor and outdoor play. Plus, you can add-on daily swim lessons!

Ages 11 - 14

Vanapalooza: Ready for adventure? Each week Teens and Tweens take a daily trip in the Samena van headed for excitement. Let's hit the road... destination: fun!

Ages 14 & up

Junior Counselors: Experience the summer of a lifetime! Earn your school's community service hours by volunteering with our swim and tennis camps! Learn leadership, team building, communication, and safety skills.

Ages 12 - 14

Junior Lifeguards: This day camp is for our younger swimmers who can't wait to be lifeguards! Swimming skills are necessary, learn basic water safety, first aid, teamwork, then go on a field trip to Wild Waves!



Join the Samena community!

Samena has been creating community through recreation & swimming with an emphasis on wellness, education, and fun in Bellevue since 1958! Membership includes...

- A fabulous community of Members to meet!
 - Join us at our Member Mixers, Float-In Movies, Annual Member BBQ, and more free member events.
- Indoor Pool, Outdoor Pool, seasonal toddler Wading Pool (with splash toys!)
- Gym/Fitness Center with cardio machines, weight machines, free weights, and more
- Group Fitness Classes like yoga, strength & core training, spin, & many more included with membership
 - Become a regular & find your fitness family!
- Outdoor seasonal Tennis & Pickleball Courts
 - Join the summer-time group drop-in play times to meet other Members who love the same sports!
- Adult-only, member-only locker rooms, with dry saunas
- All ages locker rooms and family changing rooms
- Priority registration & member discounts on programs like swim lessons & swim team, personal training & massage, Preschool & elementary school Before/After School Care, and summer tennis lessons

