



SUMMER DAY CAMPS 2024

Weekly themed camps for ages 3–14!

**REGISTER ONLINE AT:
samena.com/summer-camps**

**SAVE ON CAMPS:
Samena Members have discounted rates,
and the registration fee is waived!**



PRESCHOOL CAMP (AGES 3-5)

AM or PM camp only, no full day available.

At our preschool day camp, your child will have the opportunity to make new friends, learn new skills, and have fun in a safe and welcoming environment. We look forward to welcoming your child to our camp and providing them with an unforgettable summer experience!

Preschool Campers will be immersed in crafts, games, music, stories, imaginative play and fun! We'll play on the playground and take a dip in the wading pool.

Children must be 3 years old by their first week of camp & fully toilet trained. Please pack a nut-free snack for your camper. Children do not need to know how to swim.

Need an extra hour of care? Pack a nut-free lunch and sign up for Lunch Bunch to start early at 12:00pm for the PM session or end late at 1:00pm for the AM session.

Contact

Rosie Steinhauer, Preschool Coordinator
rosies@samena.com | (425) 746-1160 ext. 140

Price Per Week

Camp Options (half-day only)

Mon–Thurs or Mon–Fri: 9:00am–12:00pm
Mon–Thurs: 1:00pm–4:00pm
Lunch Bunch: 12:00pm–1:00pm

Samena Members

Mon–Fri (AM only): \$185
Mon–Thurs (AM or PM): \$155
Lunch Bunch: \$70 weekly, \$15 daily

Summer Program Members

\$50 summer registration fee
Mon–Fri (AM only): \$225
Mon–Thurs (AM or PM): \$190
Lunch Bunch: \$80 weekly, \$18 daily

What to Expect

- Apply sunscreen before camp, bring a refillable water bottle, and wear swimsuit under clothes.
- Pack a snack, if signed up for Lunch Bunch also pack a lunch (nut free please!).

Weekly Themes

June 17–21: Rumble in the Jungle!

Buckle up for a summer of untamed fun! We'll introduce your child to the wonders of the jungle through hands-on activities, safari art, stories and interactive experiences. Our jungle camp is a community of little explorers that come to have fun while making new friends!

June 24–28: Under the Sea

Fishing for fun won't be hard as we spend the week learning all about the ocean. Explore the sea for exciting discoveries. Come enjoy the water, take a look at what lives under the sea, do "fishy" things and have a splashy good time!

July 1–5: Dino-Mite Adventure

Welcome preschool paleontologists to our incredible journey of unraveling the mysteries of the prehistoric past! Embark on a Jurassic journey, pack your explorer gear, grab your dino friends and join us for loads of roaring fun! Dive into a world of dinosaurs, exploration, digging into fossils and dino-tastic crafts designed especially for our little discoverers. (4-day option for July 1–3 & 5 available at Mon–Thurs rate)

July 8–12: We're Bugging Out!

If you love things that wiggle and crawl, have we got a camp for you! Come look in the grass and turn over rocks to discover the world of creepy-crawlies. We'll have a great time as we learn about insects that flutter and fly while we squirm and wiggle like worms. Don't miss this chance to bug out!



July 15–19: Barnyard Bash!

Down at the farm, all week is a barnyard adventure filled with joy, learning, and farm-fresh fun! Enroll your little farmer for a barn-tastic time where your little one will explore, play, engage with interactive singing and clapping and do baaaaa-rillant art! Join us for a rootin' tootin' good time!

July 22–26: Out of This World!

There's a whole galaxy out there! Buckle up and blast into space as we explore where no kid has gone before. We'll discover planets, stars and more. Little ones will conduct experiments and be fascinated as we take a trip into the cosmos.

July 29–August 2: Lego Mania!

Creators and builders, listen up: This week is all about Legos, Legos, and MORE Legos! We'll play with Legos, engineer with Legos, and craft with Legos. Legos that are huge, Legos that are small...it doesn't matter, we'll use them all!

August 5–9: A-Camping We Will Go!

We're going on a bear hunt and we're not afraid! Pitch your tents and join us for this fun week of campfires, s'mores, and songs. We'll explore the love of the great outdoors, make friends along the way, and go fishing in "Lake Samena." It's an adventure you won't want to miss!

August 12–16: Ahoy, Mateys!

Shiver me timbers! It's the land of pirates and pixies. Come along on an adventure to find the treasures of the seven seas. If ye be wantin' to be a pirate, be prepared to craft and play. Swimmer or no, ye'll walk the plank into our wading pool! All be welcome aboard the great ship *Samena*.

August 19–23: Heroes and Fairytales

What's more fun than being your favorite hero or storybook character? This week will be all about villains, heroes, princes, and princesses as we discover our own superpowers and bring stories to life through play and imagination.



DAY CAMP (AGES 5-12)

Get ready to dive into a sea of fun! Every week at Samena, campers will be splashing, swimming, and meeting new buddies. We'll get their heart racing with daily free swim, energetic indoor and outdoor games, racket sports, and more. Plus, we'll challenge their creativity with crafts and small group games tailored to each week's theme. Let's make this summer one to remember!

Wanting structured swim lessons for your kiddo? Limited spots are available for 5-day swimming lessons, with special pricing just for our day campers. Take the hassle out of one extra stop and let us take them for you!

Mon–Fri: 9:00am–4:00pm
Extended care available in the morning starting at 7:00am or after camp until 6:15pm

Contact

Rebecca Luke, Children's Program Director
rebeccal@samena.com | (425) 746-1160, ext. 117

Price Per Week

Samena Member: \$500
Swim Lesson Add-on: \$93
AM Care: \$100 | PM Care: \$105 | Both AM and PM: \$187

Samena Program Member: \$575 + \$100 summer registration fee
Swim Lesson Add-on: \$110
AM Care: \$120 | PM Care: \$132 | Both AM and PM: \$228

**4-day pricing option available for the week of July 4*

What to Expect

- Apply and pack sunscreen, a nut-free lunch and snack, refillable water bottle, swimsuit, and towel.
- Wear closed-toed shoes that are appropriate for outdoor active games and tennis courts. Please no Crocs or slip-ons.
- Campers may also purchase Club Bucks (digital gift card on the camper's account) to be used to get a snack at our concessions stand.
- Please label all personal items with the camper's name.
- Campers are grouped by age, and requests can be made for friends to be grouped together if we are notified early.
- Younger campers are ready for Swim & Tennis Day Camp if they are comfortable in an independent and fast-paced environment.

Weekly Themes

June 24–28: Builders Week
Get ready to build and create! This week we will build a Lego volcano, challenge ourselves to build the tallest tower and construct our own defenses for dodgeball. Get your blueprints ready for builders week.

July 1–5: Speed Racers
Go Speed Racer Go! This week we have the need for speed, featuring relay races, scooter tracks, and marble runs. We can't wait to see you cross the finish line! (4-day option for July 1–3 & 5 available)

July 8–12: Have a Ball
Ball? Ball! BALL! Dodgeball, kickball, Gagaball! 4 Square, ping pong, soccer! Scatterball, skeletonball, silentball! If it involves a ball we are playing it this week - from Dino Eggs to Boulder tag, prepare to HAVE A BALL!

July 15–19: MTV Week
A Samena Classic is back again with MTV week. Along with our other activities, each group will make their own music video, culminating in a music video watch party on Friday!

July 22–26: Cowboys vs. Aliens
This galaxy ain't big enough for the both of us, partner. The classic cowboys vs. aliens rivalry comes to a head at Samena! Practice your quickdraw with nerf darts or your abduction skills in saucer tag. Choose your side, only one can win!

July 29–August 2: Samena Olympics
Experience the thrill of competition! Every day you'll compete in fun and crazy sports to see who will win the gold. From archery to hockey, our groups will go head to head to find out who will reign victorious.

August 5–9: Shark Week
Dun dun, dun dun dun dun... shark attack! Test your shark knowledge and learn some shark facts as we chew our way through this week. Will your duct tape boat be able to withstand the power of the "Shark"?

August 12–16: Bullseye
Ready, aim, fire! From archery to nerf, dodge ball to basketball we will be practicing our aim and trying to stay on target. Do you think you have the skills to hit the bullseye?

August 19–23: Splash Down
Water week is a double feature this summer with two amazing weeks to choose from! Super soaker battles, water balloons, water games, and double the swim time take over the week as we send off summer in style. Campers are welcome to wear swimsuits with their clothes all day if they wish!

August 26–30: H2O Yeah
Cannonballs, belly flops, sprinklers, water balloons and bucket brigades! This week is our big end-of-year splash where it's all water games all the time. Campers are welcome to wear swimsuits with their clothes all day if they wish. We top off this amazing week with a dunk tank!



VANAPALOOZA (AGES 11-14)

Ready for adventure? Each week Samena vans take a daily trip headed for excitement. Teens and tweens will flex their independence, give input on activities & schedules, and have a bit of a say in where we steer these vans. With trips exploring the area, pit stops, and a special treat each week, let's hit the road...Destination: Fun!

Mon–Fri: 9:00am–4:00pm
Extended care available in the morning starting at 7:00am or after camp until 6:15pm (combined with the Swim & Tennis Day Camp)

Contact

Rebecca Luke, Children’s Program Director
rebeccal@samena.com | (425) 746-1160, ext. 117

Price Per Week

Samena Member: \$565
AM Care: \$100 | PM Care: \$105 | Both AM and PM: \$187

Samena Program Member: \$625 + \$100 summer reg. fee
AM Care: \$120 | PM Care: \$132 | Both AM and PM: \$228
**4-day pricing option available for the week of July 4*

What to Expect

- Apply and pack sunscreen, a nut-free lunch and snack, refillable water bottle, swimsuit, and a towel.
- Campers may enjoy snacks, souvenirs, or treats at our daily pit-stops, so packing spending money is optional, but encouraged.
- Weekly schedule sent the Friday before camp with extra details and specific outing locations.

Weekly Themes

June 24–28: Yaaah-hoo-hoo-hoo-hooey!!!
Get ready to start the summer right with a healthy heap of excitement! Take a leap of faith off Eagle Falls, practice your flips off the diving board, and train your triple jump on trampolines. This week is about upping your adrenaline and jumping off things, just be prepared to scream Yaaah-hoo-hoo-hoo-hooey!!!

July 1–5: Great Outdoors!
Strap up your hiking boots and adjust your pack, this week we will be exploring the beautiful nature of the Pacific Northwest. A beach trip, a walk through the forest and a hike up a mountain are all exciting ways we are going to explore... the Great Outdoors! *(4-day option for July 1–3 & 5 available)*



July 8–12: Take Aim!
Ready! Aim! Fun! Steady your hand and hold your breath as we take aim at an exciting week of accuracy. From the old school game of corn hole to classic dodge ball, and finally to the future with some laser tag.

July 15–19: Go with the Flow
Hike up a mountain to see the start of a creek. Visit the marshlands where the water sits. End your journey at the Sound waving goodbye to the water you met along the way. Follow where the water flows from tide pools to marshes, from rivers to oceans, discovering aquatic creatures and the waterways they call home as you go with the flow.

July 22–26: Van Go
What makes art? Is it the vision of the artist? The time they invest? How much fun they have? This week you get to decide as we visit art museums, cool galleries, and funky environmental installations, and take some time to create our own art projects.

July 29–August 2: Wet and Wild
What is summer about more than beating the heat with some water fun? This week we will be chilling at the beach and other local watering holes. But don't think this week will be just lounging around, we will also have a water balloon fight and a trip to Wild Waves.

August 5–9: Go for Gold
Go for glory this week as you take part in a series of competitions, from archery to ultimate frisbee. You will compete both as an individual and with a team as you try to earn points. Embrace the spirit of competition as you GO FOR GOLD!

August 12–16: Get Out!
Wait—did that door lock behind us? Be prepared to solve puzzles and find clues as we practice our investigative and problem-solving skills this week. We will be going to an escape room and making our own to test our friends to see if they can Get Out!

August 19–23: Cook Off
Prep your knives and bring that water to a boil as we plan a menu, buy some ingredients, and taste your cooking creations this week. Have a cookout in the park, roast some marshmallows, and bake some tasty treats. Bring your own chef's hat!

August 26–30: H2O Yeah!
Come join us as we close out summer with a week of watery fun! We will take a trip to the beach, visit Eagle Falls and head to Wild Waves. With water fights and swimming at Samena, this will surely be a wet and wild week.

JR. COUNSELORS (AGES 14+)*

Make this the summer of a lifetime while you develop leadership skills and gain valuable experience! JC’s will be partnered with a camp counselor and will engage in weekly leadership training, team bonding, fun games, and Friday celebrations!

Fee includes a t-shirt, daily snacks, Friday group celebrations and volunteer service credit for your school graduation requirements!

In order to make the most of your Junior Counselor experience, we recommend registering for at least 2 consecutive weeks.

*14-year-olds must be going into 9th grade at the end of the summer

Mon–Fri: 8:30am–4:00pm

Contact

Rebecca Luke, Children’s Program Director
rebeccal@samena.com | (425) 746-1160, ext. 117

Price

Price per Week
Samena Member: \$75 | **Non-Member:** \$85

Price for 2 Weeks
Samena Member: \$120 | **Non-Member:** \$136

Joining us for the whole summer!
Samena Member: \$555 | **Non-Member:** \$629



What to Expect

- Apply and pack sunscreen, a nut-free lunch, refillable water bottle, swimsuit, and a towel.
- Campers may also purchase Club Bucks (digital gift card on the camper’s account) to be used to get a snack at our concessions stand.

JR. LIFEGUARDS (AGES 12-14)

Empower Your Future with Essential Lifesaving Skills!

This exceptional week-long program is specially designed for 12–14 year-olds who want to develop their leadership skills and learn from our experienced lifeguards. Students will be immersed in a variety of life-saving skills, including first aid, CPR, AED usage, water rescue techniques, and ways to prevent aquatic emergencies. Along with learning new skills, participants will also gain invaluable experience working in teams, developing a sense of responsibility, and appreciating the importance of physical fitness.

Campers will have the opportunity to practice their lifeguarding skills and engage in team-building activities while also gaining hands-on experience teaching swim lessons. Additionally, the program includes two exciting off-site excursions – a trip to Gene Coulon Beach Park on Wednesday and a visit to Wild Waves on Friday to wrap up the camp.

Mon–Fri: 9:00am–4:00pm
Week 1: July 22–26
Week 2: July 29–August 2

Contact

Mark Feeney, Aquatics Director
markf@samena.com | (425) 746-1160, ext. 115

Price

Samena Member: \$600
Non-Member: \$700

About Samena

Samena is a member-based, family recreation club in the Lake Hills neighborhood of east Bellevue since 1958.

Our mission is to connect and enrich our community through wellness, education, & fun. We are the premier non-profit swim and recreation club on the Eastside that serves the community it is rooted in; providing a safe and inclusive environment that promotes wellness and educational programs for individuals and families of all backgrounds, ages, and abilities. At Samena, everyone is welcome.

Registration & Cancellation

- Register online at samena.com/summer-camps or stop by our Front Desk.
- You may pay in full or hold your camper's spot with a \$50 non-refundable deposit per camp week, per child.
 - If you choose to hold a spot with deposits, a credit card must be saved on file.
- Any balances will be due two weeks before the camp start date.
 - You will receive a payment reminder email three weeks before the camp start date.
 - If a balance has not been paid by the due date, the credit card on file will be used for payment.
- Cancellations must be requested at least two weeks before the camp start date to receive a credit for any payments made beyond the \$50 deposit and registration fee, or to stop payment on any balances owed.
 - Requests must be made in writing via the cancellation request form linked online at samena.com/summer-camps.
- An emergency medical information packet for each camper is required before the camper may be dropped off at camp on the first day. Parents will be emailed the link to update and complete all forms before the start of camp. Please watch your inbox closely.
- You will receive an email by the Friday the week before camp starts with details about the next week.



(425) 746-1160

samena.com