

SAMENA

• SWIM & RECREATION CLUB •



May 1 - May 28 All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim 5:00 - 9:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
9:00 - 10:00	Family Swim / Lap Swim (No Diving Board)						Family Swim 3 Lanes Lap Swim 3 Lanes (No Diving Board) 11:00 - 3:00
10:00 - 12:15	Closed					Pool Closed 3:00-10:00	
12:15 - 2:00	Lap Swim***						
2:00 - 8:00	2 Lap Lanes + 5:30 - 8:15 Swim Team 4 Lanes (No Family Swim)						
8:00-10:00	Pool Closed						

May 29 - June 25 All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim 5:00 - 9:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
9:00 - 10:00	Family Swim / Lap Swim (No Diving Board)						Family Swim + 1 Lap Lane (No Diving Board) 11:00 - 8:00
10:00 - 12:15	Closed						
12:15 - 1:15	Lap Swim***						
1:15 - 5:30	Family Swim / Lap Swim*** (No Diving Board)						
5:30 - 8:00	2 Lap Lanes + Swim Team 4 Lanes (No Family Swim)						
8:00-10:00	Pool Closed						

June 26 - August 31 All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00	Adult Lap Swim 5:00 - 7:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
7:00 - 12:00	Samena Programs (No Lap Swim)						Family Swim + 1 Lap Lane 11:00 - 10:00 pm
12:00 - 1:00	Lap Swim***						
1:00 - 10:00	Family Swim + 1 Lap Lane	Swim Meet** Family Swim + 1 Lap Lane	Family Swim + 1 Lap Lane	Swim Meet** Family Swim + 1 Lap Lane	Family Swim + 1 Lap Lane		

***Memorial Day Weekend, May 27 & 28 the Outdoor Pool will remain open until 8:00 pm**

**Outdoor Pool Closes at 4:15pm for Swim Meets : June 15, 20, 29, and July 6, 13
Outdoor Pool and Wading Pool Closes at 2:00pm for Jr. Boy's Prelims on July 18

Wading Pool Opens June 3: Saturday & Sunday 11:00 - 6:00pm;
Beginning June 19: Monday - Friday 12:30 - 8:00pm, Saturday & Sunday 11:00am - 8:00pm
Wading Pool opens when outside temperature is 72 degrees Fahrenheit or higher

***Lap Swim is available for anyone lap swimming, water walking, or doing vertical exercise. Please be considerate of others in the lane.

INDOOR POOL

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim / Ageless H ² O 7:45 - 8:30					Club Closed	
						Adult Lap Swim 7:00 - 9:00	Club Closed
9:00 - 11:30	Family Swim + Lap Swim	Swim Lessons +Family Swim + 1 Lap Lane + Deep H ² O Exercise 9:15-10:15	Family Swim + Lap Swim + Par-Tot 10:45 - 11:15	Swim Lessons +Family Swim + 1 Lap Lane + Deep H ² O Exercise 9:15-10:15	Family Swim + Lap Swim	Adult Lessons + Adult Lap Swim 9:00-10:00	Adult Lap Swim 9:00 - 11:00
11:30 - 12:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Lap Swim*** 10:00-11:00 Swim Lessons 10:00-12:00	
12:00 - 1:00	Adult Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00	
1:00 - 3:30	Family Swim +Lap Swim	Swim Lessons +Family Swim +1 Lap Lane	Family Swim +1 Lap Lane	Swim Lessons +Family Swim + 1 Lap Lane	Family Swim + Lap Swim + Swim Lessons + Special Olympics* 3 Lanes 5:00 - 7:00 *Ends May 26		
3:30 - 4:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane						
4:00 - 7:30	Family Swim +1 Lap Lane + Swim Lessons	Swim Lessons Evening H ² O 6:45 - 7:30 +1 Lap Lane +Family Swim	Family Swim +1 Lap Lane + Swim Lessons	Swim Lessons Evening H ² O 6:45 - 7:30 +1 Lap Lane +Family Swim			
7:30 - 9:00	Family Swim + Lap Swim***						
9:00 - 10:00	Adult Lap Swim						

Pool Schedule

June 24 - September 3 All Schedules Subject to change. For most up to date schedule please check www.samena.com

INDOOR POOL

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 9:00	Adult Lap Swim / Ageless H ₂ O 7:45 - 8:30					Club Closed	
						Adult Lap 7:00 - 9:00	Club Closed
9:00 - 12:00	Swim Lessons - Hot Tub open for Adults					Adult Lessons + Adult Lap Swim 9:00-10:00	Adult Lap Swim 9:00 - 11:00
						Lap Swim 10:00-11:00 Swim Lessons 10:00-12:00	
12:00 - 1:00	Adult Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00	
1:00 - 2:30	Family Swim + 1 Lap Lane + Day Camp Swim Lessons						
2:30 - 5:00	Family Swim + 2 Lap Lanes				Family Swim + Lap Swim + Swim Lessons		
5:00 - 7:30	Family Swim +1 Lap Lane +Swim Lessons	Evening H ₂ O 6:30 - 7:15 + 1 Lap Lane +Family Swim	Family Swim +1 Lap Lane +Swim Lessons	Evening H ₂ O 6:30 - 7:15 + 1 Lap Lane +Family Swim			
7:30 - 9:00	Family Swim + Lap Swim***						
9:00 - 10:00	Adult Lap Swim						

***Lap Swim is available for anyone lap swimming, water walking, or doing vertical exercise. Please be considerate of others in the lane.