

SAMENA OUTDOOR POOL

May 1 - May 27** All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim 5:00 - 9:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
9:00 - 10:00	Family Swim / Lap Swim (No Diving Board)						Family Swim 3 Lanes Lap Swim 3 Lanes (No Diving Board) 11:00 - 3:00
10:00 - 12:15	Closed					Family Swim 3 Lanes Lap Swim 3 Lanes (No Diving Board) 11:00 - 3:00	
12:15 - 2:00	Lap Swim						
2:00 - 8:00	2 Lap Lanes + 4:30 - 8:15 Swim Team 4 Lanes (No Family Swim)					Pool Closed 3:00-10:00	
8:00-10:00	Pool Closed						

May 28 - June 24** All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim 5:00 - 9:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
9:00 - 10:00	Family Swim / Lap Swim (No Diving Board)						Family Swim + 1 Lap Lane (No Diving Board) 11:00 - 8:00
10:00 - 12:15	Closed					Family Swim + 1 Lap Lane (No Diving Board) 11:00 - 8:00	
12:15 - 1:15	Lap Swim						
1:15 - 5:30	Family Swim / Lap Swim (No Diving Board)					Family Swim + 1 Lap Lane (No Diving Board) 11:00 - 8:00	
5:30 - 8:00	2 Lap Lanes + Swim Team 4 Lanes (No Family Swim)						
8:00-10:00	Pool Closed						

June 25 - August 31** All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00	Adult Lap Swim 5:00 - 7:00					Club Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Club Closed
7:00 - 12:00	Samena Programs (No Lap Swim)						Family Swim + 1 Lap Lane 11:00 - 10:00 pm
12:00 - 1:00	Lap Swim					Family Swim + 1 Lap Lane 11:00 - 10:00 pm	
1:00 - 10:00	Family Swim + 1 Lap Lane	Swim Meet * Family Swim + 1 Lap Lane	Family Swim + 1 Lap Lane	Swim Meet * Family Swim + 1 Lap Lane	Family Swim + 1 Lap Lane		

****Memorial Day Weekend, May 26 & 27 the Outdoor Pool will remain open until 8:00 pm**

*Outdoor Pool Closes at 4:15 for Swim Meets: Dates TBA

Outdoor Pool and Wading Pool Closes at 2:00 for Jr. Boy's Prelims on July 24

Wading Pool Opens

June 2: Saturday & Sunday 11:00 - 6:00pm;

Beginning June 23: Monday - Friday 12:30 - 8:00pm, Saturday & Sunday 11:00am - 8:00pm

Wading Pool opens when outside temperature is 72 degrees Fahrenheit or higher

SAMENA INDOOR POOL

May 1 - May 4 All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim / Ageless H2O 7:45 - 8:30					Club Closed	
						Adult Lap Swim 7:00 - 9:00	Club Closed
9:00 - 11:00	Family Swim + Lap Swim	Swim Lessons +Family Swim + 1 Lap Lane + Deep H2O Exercise 9:15-10:15	Family Swim + 1 Lap Lane + Par-Tot 10:45 - 11:15	Swim Lessons +Family Swim + 1 Lap Lane + Deep H2O Exercise 9:15-10:15	Family Swim + Lap Swim	Adult Lessons + Adult Lap 9:00 - 10:00	Adult Lap Swim 9:00 - 11:00
11:00 - 12:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Lap Swim 10:00 - 11:00 Swim Lessons 10:00 - 12:00	SUP Yoga 11:45 - 1:15 + 1 Lap Lane + Family Swim
12:00 - 1:00	Adult Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00 pm	
1:00 - 3:30	Family Swim +Lap Swim	Swim Lessons +Family Swim +1 Lap Lane	Family Swim +Lap Swim	Swim Lessons +Family Swim + 1 Lap Lane	Family Swim +Lap Swim		
3:30 - 4:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane						
4:00 - 7:30	Swim Lessons + Swim Team + Family Swim + 1 Adult Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00	Swim Lessons + Swim Team + Family Swim + 1 Adult Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00 Evening H2O 7:00 - 7:45	Swim Lessons + Swim Team + Family Swim + 1 Adult Lap Lane NO FAMILY 5:30 - 6:15 NO LAP 6:15 - 7:00	Swim Lessons + Swim Team +Family Swim + 1 Adult Lap Lane NO FAMILY 5:30 - 6:15 NO LAP 6:15 - 7:00 Evening H2O 7:00 - 7:45	Family Swim +1 Lap Lane + Adapted Lessons 3:30 - 5:00 + Special Olympics 5:00 - 7:00		
7:30 - 9:00	Family Swim + Lap Swim						
9:00 - 10:00	Adult Lap Swim						

May 8 - June 24 All Schedules Subject to change. For most up to date schedule please check www.samena.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim / Ageless H2O 7:45 - 8:30					Club Closed	
						Adult Lap 7:00 - 9:00	Club Closed
9:00 - 11:00	Family Swim + Lap Swim	Swim Lessons +Family Swim + 1 Lap Lane + Deep H2O Exercise 9:15-10:15	Family Swim + Lap Swim + Par-Tot 10:45 - 11:15	Swim Lessons +Family Swim + 1 Lap Lane + Deep H2O Exercise 9:15-10:15	Family Swim + Lap Swim	Adult Lessons + Adult Lap Swim 9:00 - 10:00	Adult Lap Swim 9:00 - 11:00
11:00 - 12:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Lap Swim 10:00 - 11:00 Swim Lessons 10:00 - 12:00	SUP Yoga 11:45 - 1:15 *until May 20 + 1 Lap Lane + Family Swim
12:00 - 1:00	Adult Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00	
1:00 - 3:30	Family Swim +Lap Swim	Swim Lessons +Family Swim +1 Lap Lane	Family Swim +1 Lap Lane	Swim Lessons +Family Swim + 1 Lap Lane	Family Swim + 1 Lap Lane + Adapted Lessons 3:30 - 5:00 + Special Olympics* 5:00 - 7:00 *Ends May 25		
3:30 - 4:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane						
4:00 - 7:30	Family Swim +1 Lap Lane + Swim Lessons	Swim Lessons Evening H2O 7:00 - 7:45 +1 Lap Lane +Family Swim	Family Swim +1 Lap Lane + Swim Lessons	Swim Lessons Evening H2O 7:00 - 7:45 +1 Lap Lane +Family Swim			
7:30 - 9:00	Family Swim + Lap Swim						
9:00 - 10:00	Adult Lap Swim						

SAMENA INDOOR POOL

June 24 - August 31 All Schedules Subject to change. For most up to date schedule please check www.samena.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 9:00	Adult Lap Swim / Ageless H ₂ O 7:45 - 8:30					Club Closed	
						Adult Lap 7:00 - 9:00	Club Closed
9:00 - 12:00	Swim Lessons - Hot Tub open for Adults					Adult Lessons + Adult Lap Swim 9:00 - 10:00	Adult Lap Swim 9:00 - 11:00
						Lap Swim 10:00 - 11:00 Swim Lessons 10:00 - 12:00	
12:00 - 1:00	Adult Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00	
1:00 - 2:30	Family Swim + 1 Lap Lane + Day Camp Swim Lessons						
2:30 - 5:00	Family Swim + 2 Lap Lanes				Family Swim + Lap Swim + Swim Lessons		
5:00 - 7:30	Family Swim +1 Lap Lane +Swim Lessons	Evening H ₂ O 7:00 - 7:45 + 1 Lap Lane +Family Swim	Family Swim +1 Lap Lane +Swim Lessons	Evening H ₂ O 7:00 - 7:45 + 1 Lap Lane +Family Swim			
7:30 - 9:00	Family Swim + Lap Swim						
9:00 - 10:00	Adult Lap Swim						

ALL SCHEDULES SUBJECT TO CHANGE

For most up-to-date pool schedule please check www.samena.com Lap swim is for anyone who is lap swimming, water walking, or doing vertical exercise. **Indoor Pool and Hot tub will be closed August 26 - September 2 for maintenance**